

MENTAL HEALTH

HELPLINE COUNSELING



Mental health includes emotional, psychological, and social well-being which affects how we think, feel, and act. Mental health is important at every stage of life from childhood to adulthood. Considering the rate of suicidal tendency among the gender diverse community is higher compared to others due to social exclusion, stigmatization, discrimination, family and social exclusion, identity crisis, Gender Based Violence by members of the family, etc. (ref: Bandhu data source).

Realizing its importance, BANDHU introduced both online and offline mental health counseling services based on the needs and demands of the community. During COVID19, we extended its services and introduced exclusive Help Line number (Porichoy: 01714 048418) where community people receive mental health support with full confidentiality throughout the lock down situation.

So far 1038 calls were received from across the country and provided services accordingly.

PORICHOY
HELPLINE
01714048418

1038

calls received for
mental health counseling