Bandhu Social Welfare Society (Bandhu) organized a training titled “Treatment as Prevention” from 24-26 April 2017 at ‘Chelakotha Ltd.’ 5/7 Lalmatia, Dhaka. A total of 16 participants attended in the training with their active participation.

Premeditated Participants

The training was designed for PLHIV and some service providers who were directly involve with PLHIV program as well as services.

Grounds of the training

To sensitize the PLHIV community people on necessity of comprehensive treatment through education on opportunistic infections, HIV treatment and literacy

The foremost outlook throughout the session:

- HIV impacts on health, HIV and immune systems
- What is ART? How does ART Works
- Intellectual property (IP), Key concepts and access to medicine
- Free Trade Agreements (FTAs)
- Linking FTAs and access to treatment
- Understanding Pre-Exposure prophylaxis, PrEP management, treatment as prevention
- ARVs for starting point of treatment, side effects, treatment adherence
- Sexually transmitted infections (STIs) and opportunistic infection (OIs)
- Prevent, monitoring and treatment of ST1 and OIs

Recommendations

- Need orientation session on proper medication amongst PLHIV and their partners
- Arrange this training for DIC Managers, CBO members, different service providers, faith based leaders and family members
- Disseminate the learning’s on HIV and treatment management, opportunistic infections & Management with family, friends community members
- Sharing information on HIV, PrEP, FTA, IP STI, OI etc with DIC members during in-housing sessions
- Increase regular communication with DIC counselors and doctors
- Pay attention on nutrition of PLHIV
- Design strategies for diversified populations by considering cultural norms and values